



appendices

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Healthy mind, healthy body

How liaison psychiatry services can transform quality and productivity in acute settings

Appendix A: References

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Appendix B: Policy documents supporting the development of liaison services

1. *National service framework for older people*. DH, 2001.
2. *ALCOHOL – can the NHS afford it?* Working party of the Royal College of Physicians, 2001.
3. *Who cares wins*. Working group for liaison mental health services for older people, Faculty of Old Age Psychiatry, Royal College of Psychiatrists, 2005.
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18. *National audit standards and accreditation for dementia care in general hospitals* (in preparation). Health Care Commission, 2008.
19. *Delirium guideline*. NICE, 2010.

Appendix C: Examples of liaison mental health schemes

The following are examples of teams that are operating now in different hospitals across the country. They are provided only as an example. Team structures should reflect the needs of the population and will vary across the country.

Teaching hospital

Role	Grade	Time
Manager	Band w7	1 x FTE*
Clinical lead	Band 7	3 x FTE
Nursing	Band 6	9 x FTE
Counselling	Counsellor	0.2 x FTE
Medical	Senior trainee	0.5 x FTE
Medical	Staff grade	0.5 x FTE
Administrative	Band 4	2 x FTE
Administrative	Band 3	1 x FTE

*FTE = full-time equivalent

This service operates in a hospital with 1,200 beds. It runs a seven-day service from 9am to midnight.

General hospital

Role	Grade	Time
Medical	Consultant	1x FTE
Medical	Staff grade	1 x FTE
Nursing	Band 8	1 x FTE
Nursing	Band 7	3 x FTE
Psychological therapist	Band 8	1 x FTE
Team administrative support	Band 4	1.5 x FTE

This service operates in a hospital with 650 beds, 5 days a week (9am–5pm).

City hospital

Role	Grade	Time
Medical	Consultant	0.8 x FTE
Medical	Senior trainee	1 x FTE
Nursing	Band 6	3 x FTE (for self harm)
3 x FTE (for A & E)		
Administrative	Band 4	0.7 x FTE

This is to run a 9am to 5pm liaison service for hospital wards, a self harm service and 8am to 8pm liaison service to the emergency department.

Two district general hospitals

Role	Grade	Time
Medical	Consultant	0.5 x FTE
Management	Band 8	0.5 x FTE
Medical	Associate specialist	1 x FTE
Nursing	Band 6	4 x FTE
Social care	Staff band	1 x FTE

This team covers two district general hospitals. It operates seven days a week, from 9am to 5pm. There is also a seasonal input from ST 1-3 Speciality SHO's for self harm experience. It provides services to A&E, self harm, acute on-ward consultation, liaison outpatients, ante-natal peri-natal outpatients and teaching and training.

County Hospital

Role	Grade	Time
Medical	Staff grade	1 x FTE
Medical	Consultant	On-call
Nursing	Band 7	2 x FTE
Social care	Staff band	0.5 x FTE
Other	Access to language services	

This service operates five days a week 9am to 5pm.

This team includes the following skills: psychological therapy, occupational therapy and psychotherapy. It runs a service seven days a week, between 8am and 5pm. There is also an out of hours duty psychiatrist. The team links to other teams such as children and adolescent mental health services, drug and alcohol services, services for older adults, community mental health teams and social services.

Role	Grade	Time
Medical	F1 Doctor	1 x FTE
Psychiatry	SHO/ F2	1 x FTE
Clinical service manager	Band 7	1 x FTE
Nursing	Band 7	3 x FTE
Medical	Specialist	0.6 x FTE
Medical	Consultant	1 x FTE
Administrative	Band 4	2 x FTE