




Annual review
2009/10



© The Mental Health Network 2010.

The use of this publication is covered by the conditions of Creative Commons Attribution-Non-Commercial-No Derivative Works License: www.creativecommons.org/licenses/by-nc-nd/2.0/uk You may copy or distribute this work, but you must give the author credit, you may not use it for commercial purposes, and you may not alter, transform or build upon this work.

This publication has been manufactured using paper produced under the FSC Chain of Custody. It is printed using vegetable-based inks and low VOC processes by a printer employing the ISO14001 environmental accreditation.



Contents

Foreword from the chair	2
Director's statement	3
About us	4
Our work and achievements 2009/10	6
Our priorities 2010/11	8
Our people	10
Finance	11



Foreword from the chair



The Mental Health Network has gone from strength to strength since it was launched in November 2007. As chair I am delighted to have continued to work with our members to lead us through another successful year and contribute to our growing influence as the

leading voice of mental health and learning disabilities providers.

Membership of the network continues to thrive despite the challenging economic climate that we have had to come to terms with in recent months. The network is quite unique as it is open to any provider of NHS mental health services, making our voice exceptionally powerful and our membership rich and diverse. Over the past 12 months we have welcomed several new independent sector members that have already made a fantastic contribution to our work programme.

In 2009/10 we delivered a strong programme of events addressing key issues in mental health policy to stimulate discussion and to encourage learning amongst our members. We also published a number of key publications to help our members

make sense of policy and the challenges facing their organisations. As our membership continues to grow we will continue to provide a range of products and services, tailored to meet our members' needs.

The coming year will be extremely challenging for the network and its members as we promote the value and contribution of mental health providers to a new coalition Government and support them through the difficulties of the recession. The future of primary care trust provider services may well result in a number of members providing non-mental health community services which will pose a challenge for the network in how best to meet the changing needs of members.

We have frozen our membership fees for 2010/11 to demonstrate our commitment to delivering value for money for all our members. We will continue to represent our members to shape and challenge mental health policy and provide key opportunities for members to get involved, network and share learning and best practice.

I look forward to working with you all in the coming year.

Lisa Rodrigues
Chair, Mental Health Network
Vice-chair, NHS Confederation

Director's statement



In 2009/10 we continued our programme of meetings with key people to raise the issues and progress work in the areas most important to our members. Our general network meetings attracted high-profile speakers such as Bruce Calderwood, director of

mental health policy at the Department of Health (DH) and David Behan, director-general for social care. We also ran a very successful joint event with the Sainsbury Centre for Mental Health on employment and mental health, and our national one-day conference in November that focused on mental health and the economic downturn attracted more than 120 delegates from across the country.

Our publications also kept members up to speed with the issues of the day and a particular highlight was *Mental health and the economic downturn*, our joint publication with the London School of Economics and Royal College of Psychiatrists, that explored the impact of the economic downturn on mental health and set out how policy makers, organisational leaders and health and social care professionals should respond. *New Horizons; the next stage of mental health policy* summarised the key points of New Horizons, and put the spotlight on what the strategy

means for the NHS. And *Shaping personal health budgets: a view from the top* presented the opinions of local health and social care leaders on the future of personal health budgets.

I know that 2010/11 will present significant challenges but also opportunities for members and we will again make sure that members are fully engaged in shaping our work programme. The challenges of working with a new coalition Government against the backdrop of the economic situation will require the network to focus on activities and products that really represent value for money. We are committed to supporting our members as they become even more efficient and effective and to promoting the value and contribution that mental health providers can make both within and beyond mental healthcare.

We have already had talks with the Department of Health to discuss how we can best support our members on the Quality Innovation, Productivity and Prevention (QIPP) agenda and have developed a mental health QIPP framework which has been accepted by key partners.

We look forward to working closely with our members and partners to build on this framework and the other important issues in the coming year.

Steve Shrubbs

Director, Mental Health Network

About us

The Mental Health Network was established as part of the NHS Confederation to provide a distinct voice for mental health and learning disability service providers.

Our aim, as a network, is to improve the system for patients and staff by:

- raising the profile of mental health and the service providers' agenda
- using our memberships experience, skills and knowledge to influence, shape and challenge policy and inform system reform
- helping our members make sense of and implement existing policy
- sharing best practice
- influencing the public debate on mental health by providing a balanced view to the media and key influencers.

Steve Shrubbs, director of the Mental Health Network, oversees a dedicated team of staff with policy and communications expertise. We have an independent board elected by our members made up of a range of voices including providers, clinicians, service users and partner organisations.

We represent our members' views through regular meetings with stakeholders including senior civil servants. We also represent and lobby on behalf of our members in the national media and bring their views to the wider public debate.

Member benefits and how to get involved

Membership of the Mental Health Network is open to any provider of NHS mental health services. We are the only network to bring together organisations from across the statutory, private and voluntary sectors which makes our voice exceptionally powerful. Our members are drawn from a variety of different organisations including:

- mental health NHS trusts
- mental health foundation trusts

'Being a part of the Mental Health Network I am reassured that our position is properly represented amongst decision makers. You know they have the ear of the people that matter.'

Steven Woolgar

Director of policy and regulation,
Partnerships in Care.

- primary care trust mental health provider services
- for-profit providers
- not-for-profit providers.

We are a member-driven organisation committed to involving our members in developing and shaping our work programme. Below is a summary of the benefits and engagement opportunities that we offer.

Influencing and lobbying

We work to influence policy and help develop solutions that will enable our members to play a full role in delivering mental health and learning disability services. We work hard to ensure that our members' views are heard at the key stages of policy development and implementation.

Our extensive influencing programme includes regular meetings with Government ministers, shadow health teams, the Department of Health (DH), regulators and other influential bodies involved in developing and implementing mental healthcare policy.

We are actively engaged in informing and developing a number of initiatives and have representation on the following external DH programme boards:

- NHS Standard Contract
- Social Care Reference Group
- Mental Health Payment by Results

- National Mental Health Policy Development Oversight Group
- National Acute Pathway board
- New Horizons programme board
- System Reform board
- Mental Health Commissioning programme board.

We also offer a full-service, in-house team with policy, media relations and public affairs expertise, dedicated to Mental Health Network priorities.

Networking

We offer a wide range of networking opportunities to help members build relationships with key influencers in mental health and engage with provider organisations from across the different sectors. Formal and informal events throughout the year include:

- four independent sector forums focusing on issues relating specifically to independent sector providers
- four general meetings providing opportunities to get updates on key and emerging mental health policy
- an annual mental health conference in the autumn
- a learning disability subgroup with a dedicated programme of work which meets four times a year
- opportunities to engage directly with key influencers throughout the year at a series of dinners and meetings
- links to the International Initiative for Mental Health Leadership (IIMHL) for exchange visits, conferences and newsletters to help improve

'The Mental Health Network has and continues to play a critical role in ensuring that the mental health agenda not only remains in the sights and minds of policy makers, but that through the breadth and seniority of its membership its views are taken seriously.'

Shaun Clee

Chief executive, Zgether NHS Foundation Trust.

exchange of information and networking for UK mental health leaders.

Communications

We keep our members up to date with the latest news, views and developments in mental health through a range of communications including:

- monthly *In Touch* e-newsletter with information, hot topics and opportunities to get involved
- up to ten policy briefings per year keeping members up to date with key and emerging policy
- a range of reports, consultation documents and discussion papers
- access to 'member-only' areas of the Mental Health Network website where members can download information and documents on current mental health hot topics.

For more information on our membership and events coming up this year, please contact Christina Heap in the membership team at christina.heap@nhsconfed.org.

Our work and achievements 2009/10

The economic downturn has made the last 12 months particularly challenging for mental health providers. We have been working hard to support our members at this difficult time through our tailored work programme. Below is a summary of our key achievements over the past year.

New Horizons and the Future Vision Coalition

In 2009/10 we founded the Future Vision Coalition, which consists of major groups in the field such as the Royal College of Psychiatrists, the Local Government Association, Mind and Rethink. In summer 2009, we published *A future vision for mental health*, which made specific recommendations for the Government to take forward into the next phase of mental health policy.

The Government's New Horizon strategy that followed in December represented a major lobbying success for the network with many of the proposals and priorities outlined in the report echoed in that strategy.

Through the coalition and as a network, we continued to shape and influence the implementation of New Horizons through our membership of the Department of Health programme board. We also continued to engage with all political parties on policy development relating to mental health.

Mental health and the economic downturn

Historically, when government spending on the NHS has been squeezed, mental health services have experienced disproportionately heavy funding cuts. So 2009/10 saw us embarking on a programme of work around the economic downturn as part of our commitment to promote the value and importance of mental health services.

In November, in conjunction with the Royal College of Psychiatrists and London School of Economics and

Political Science, we held a one-day conference for our members, professionals, academics and policy experts to assess the impact of the economic downturn on the nation's mental health and how professionals and provider organisations should be looking to respond. We subsequently published a joint report outlining the major themes of those discussions, considering both the challenges and potential solutions.

The economic downturn and the efficiency agenda was also a major theme of our one-day national conference, which saw more than 150 delegates come together to discuss efficiencies in mental health.

Working with the National Mental Health Development Unit

In 2009/10, we agreed a £1.2 million contract with the National Mental Health Development Unit (NMH DU) to develop and implement existing and emerging aspects of mental health policy. The scope of this work is far ranging and includes: developing mental health commissioning; supporting improvements in the acute pathway; personalisation and personal health budgets; mental health and well-being; and improving quality and productivity in mental health services (as part of the QIPP agenda).

Regulation

With the emergence of the new regulator in 2009, we worked to help members both make sense of the new regulatory landscape and ensure their voices were heard in the development of the Care Quality Commission's (CQC) approach to mental health.

In early 2009 we ran three events with the CQC to give our members the opportunity to discuss what the aims, objectives and process for reviewing services should be. We have since worked closely with the CQC to ensure that regulation of mental health

services is fit for purpose and appropriate registration standards are developed.

We also provided a range of support and guidance services to help mental health organisations prepare for the new registration process introduced in April 2010 and move to the new system of regulation.

Criminal justice and mental health

The interface between mental health services and the criminal justice system came under increased government focus in 2009/10. Improving outcomes for this group is important both in terms of reducing re-offending rates and for successful rehabilitation. Lord Bradley's review in April 2009 made a large number of recommendations that the Government took forward in its *Improving Health, Supporting Justice* national delivery plan in November.

We produced a briefing outlining the main points of that delivery plan in December and, through our membership of the Government's Health and Criminal Justice Programme Advisory Group and the Ministry of Justice's National Criminal Justice Board, we will continue to input members' views into the detailed development and implementation of the delivery plan at a national level.

System reform

Supporting and influencing system reform remained a high priority for us in 2009/10. We successfully lobbied the Department of Health to establish a mental health system reform board.

We were heavily involved in developing the mental health currency, with members represented on various national level groups. We also worked in partnership with the Foundation Trust Network (FTN) and the Primary Care Trust Network (PCTN) to successfully influence the shape of the NHS standard mental health contract.

Mental health and employment

2009/10 saw us getting involved in a number of activities on the issue of employment and mental health. Most significantly, we worked with the NMH DU and NHS Employers on the Open Your Mind campaign. The campaign launched in March aims to support NHS employers to create a better working environment for staff, to tackle stigma and improve employment rates for people with mental health conditions. At the 2009 Conservative Party conference we also held a joint event with the Sainsbury Centre for Mental Health focussing on how mental health services are helping people get back into the workplace.

Our priorities 2010/11

In 2010/11, we will continue to address the important issues and work closely with members to ensure that we are focusing our efforts where they need it most.

Our key priorities

Developing relationships with the new Government

In 2010/11 we will work to help our members respond to the post-election environment and anticipate and plan for change. We will continue our work to ensure that we remain a powerful voice for mental health providers and are effective in representing members' views to Government and policy makers.

A key focus will be to encourage sustained momentum to implement key elements of New Horizons and the recommendations relating to mental health made by Lord Bradley in his review of mental health in the criminal justice system.

Vertical integration

We look forward to working with the PCTN to identify the key challenges and opportunities related to the migration of primary care trust provider services and the contribution mental health providers can make to improve the development of integrated pathways.

Influencing the system reform agenda

We will continue to work with the Department of Health to develop and implement a 'currency' for mental health services. We will work to ensure that our members' views are heard at key stages of policy development and keep them up to speed on the implications of these changes.

Contract with NMH DU

2010/11 will see the network continuing to develop a programme of work funded by the NMH DU. The contract enables us to continue our work in:

- New Horizons
- well-being and whole population mental health
- improving access to psychological therapies
- social inclusion and social justice
- equalities
- World Class Commissioning in mental health
- workforce
- improving mental healthcare pathways.

Quality and productivity in mental health

As funding for the NHS comes under increasing pressure, helping members respond to the quality and productivity agenda will be a key priority for us in 2010/11.

We will work with partners from PCTN, DH, NMH DU and the Audit Commission on a programme of work aimed at supporting mental health providers, through distinct products and services, to effectively respond to the quality and productivity challenge. We will be focusing particularly on the acute pathways.

Mental health commissioning

We look forward to working with the PCTN and the NMH DU to improve the quality of, and give better support to, mental health commissioning and will ensure that members are kept up to date with relevant information and guidance.

Implementing the Bradley Review

The network looks forward to working closely with stakeholders to influence implementation of the Bradley Review recommendations. A programme of work will include working in partnership with the Sainsbury Centre for Mental Health to share best practice, and representing mental health service providers on the Bradley implementation reference group.

Mental Health Network and the wider NHS Confederation work programme

In addition to the Mental Health Network specific objectives, we will contribute to work across all the networks and interest groups in the NHS Confederation to agree the priorities for the wider NHS Confederation work programme.

The NHS Confederation is unique in its ability to bring together all parts of the modern NHS and we will take advantage of being under the umbrella of

the NHS Confederation to continue to work closely with our family of networks to share learning and improve interaction on issues that affect the whole of the health and social care system.

Areas of joint work include regulation; working with the new coalition Government; health inequalities and health improvement; local government and social care; quality and safety; competition and choice; employment issues and knowledge management and sharing.

Our people

The corporate governance structure of the NHS Confederation recognises the networks as the route by which members drive the purpose and strategy of the organisation. Each of the networks is in turn committed to working within a single corporate entity that governs in the interests of the NHS Confederation as a whole and ensures the effective function and success of the organisation. Information about the overall governance structure of the NHS Confederation is outlined in the organisation-wide annual review.

Each of the networks is self-governing with its own board elected by its members. These boards set the business plan and approve the budget of the network.

The Mental Health Network board is made up of a range of voices including providers, clinicians, service users and partner organisations.

Board members 2009/10

Chair: Lisa Rodrigues

Chief executive, Sussex Partnership NHS Foundation Trust

Vice-chair, NHS Confederation

Vice-chair: Anne Campbell

Chair, Cambridgeshire and Peterborough Mental Health Partnership NHS Trust

Steve Shrubb

Director, Mental Health Network

Shaun Clee

Chief executive, 2gether NHS Foundation Trust

Erville Millar

Chief executive, Kent and Medway NHS and Social Care Partnership Trust

Iain Tulley

District service director, Devon Partnership NHS Trust

Tim Breedon

District service director – Wakefield, South West Yorkshire Partnership NHS Foundation Trust

Bruce Dickie

Director of children, young people and specialist services, Northumberland, Tyne and Wear NHS Foundation Trust

Maggie Wheeler

Chair, Norfolk and Waveney Mental Health NHS Foundation Trust

Nick Land

Medical director, Tees, Esk and Wear Valleys NHS Foundation Trust

Barry Seal

Chair, Bradford District Care Trust

Chris Thompson

Chief medical director, Priory Healthcare

Liz Felton

Chief executive, Together: Working for Wellbeing

Steve Jones

Chair, South Staffordshire and Shropshire Healthcare NHS Foundation Trust

Service user consultants

Anne Beales, MBE

Kate Holmes

Carer consultant

Phil Hough

Please note the network is currently going through an election period. Some of the board members listed above, including the vice-chair, are subject to change in 2010/11.

Finance

A summary of the network outturn for 2009/10 is detailed in the table below. These figures are currently being audited and therefore may be subject to unforeseen adjustments.

The network is reporting a surplus of £65,000 for 2009/10 compared to a budget surplus of £16,000.

The variance in income and expenditure is large as the budget included funds paid to the Mental Health Network from the National Mental Health Development Unit (NMH DU) that were not all spent.

The forecast outturn for income includes an equal match of the amount spent and surplus funds have been held over to the next financial year.

As a consequence of the surplus for 2010/11, the network board is pleased to announce that network membership fees for 2010/11 will be frozen at £5,095 a year.

The main NHS Confederation fee will also be frozen for 2010/11.

Summary of income and expenditure 2009/10

	Forecast outturn	Budget	Variance
	£k	£k	£k
Total income	809	1051	242
Expenditure – pay	254	231	23
Expenditure – non-pay	490	804	314
Expenditure – total	744	1035	291
Total surplus/(deficit)	65	16	49

NHS CONFEDERATION



For more information on our work, please contact:

The NHS Confederation
29 Bressenden Place London SW1E 5DD
Tel 020 7074 3200 Fax 0870 487 1555
Email enquiries@nhsconfed.org
www.nhsconfed.org

Further copies can be obtained from:
NHS Confederation Publications
Tel 0870 444 5841 Fax 08447744319
Email publications@nhsconfed.org
www.nhsconfed.org/publications

BOK60030

