



Cwm Taf Morgannwg University Health Board

A 'lifeline' for homeless people and rough sleepers

- **Homeless community receiving targeted care to meet complex medical needs**

Cwm Taf Morgannwg University Health Board has teamed up with homelessness charities to help people get the medical care they need. Many homeless people have issues with substance misuse, mental health, and physical ailments. They need blood tests and health checks, but don't usually access them through the GP.

In partnership with homeless charity The Wallich, nurse specialist Tracy is part of the team that goes out on the breakfast run at 7am in Bridgend town centre to speak with homeless people about their healthcare needs.

The homeless community do not usually engage with healthcare services and so connecting with this community helps to take away the stigma and build an element of trust with health professionals. This service, which has a good connection with GP services, provides homeless people with a lifeline to get their health needs met.