



Cardiff and Vale University Health Board (CAVUHB)

Award-winning Green ICU team put the planet at the centre of critical care

- **Team's efforts mean annual reduction of 2 tonnes of plastic waste, saving thousands of pounds**

An award-winning team of clinicians and managers at the University Hospital of Wales' Adult Critical Care Unit have collaborated to drive change for patients and the planet, successfully reducing waste, conserving energy and making financial savings.

Over the past five years, the team have steadily and successfully implemented a whole raft of changes, including unplugging machines not in use once fully charged and standardising the amount of ventilation tubing provided for each bed space.

The team's efforts have resulted in plastic waste within the unit reducing by around 2 tonnes per year, with tens of thousands of pounds saved.