





Kindness, Respect, Teamwork Everyone, Every day

Dr Anna Baverstock

Kindness – my privilege



'Do the best you can until you know better. Then when you know better, do better'

Maya Angelou

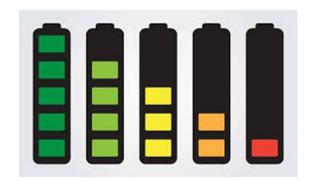


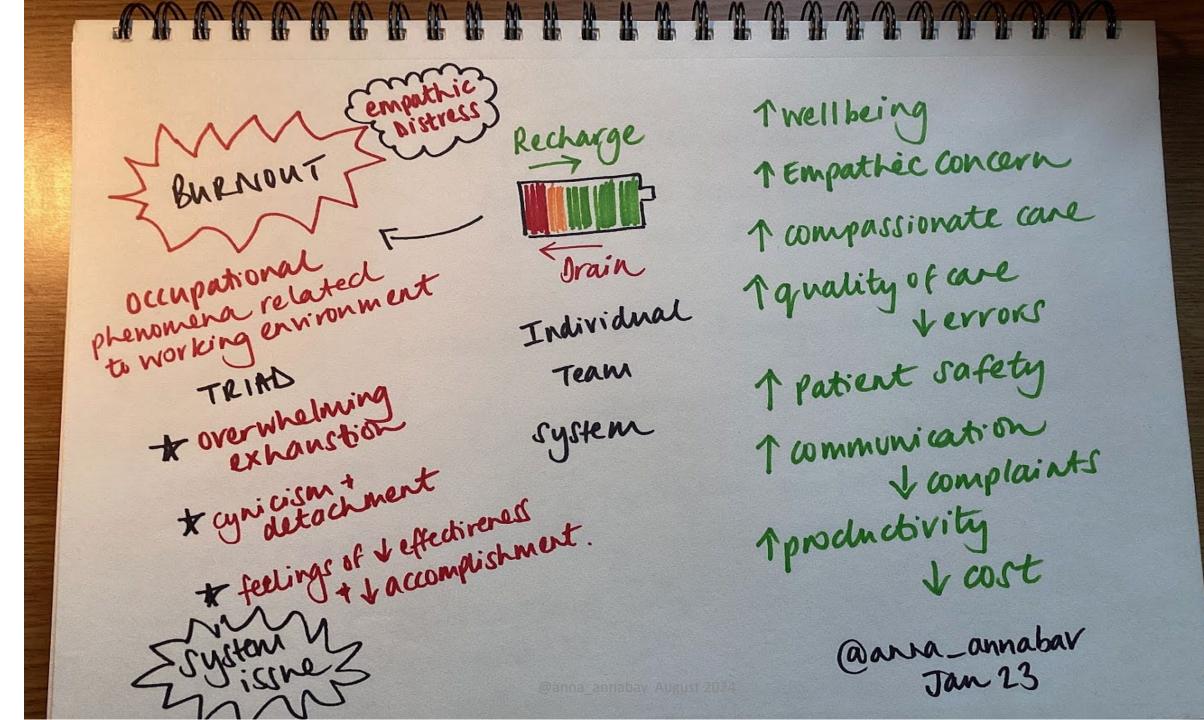


Image: Andy Brunning/Compound Interest

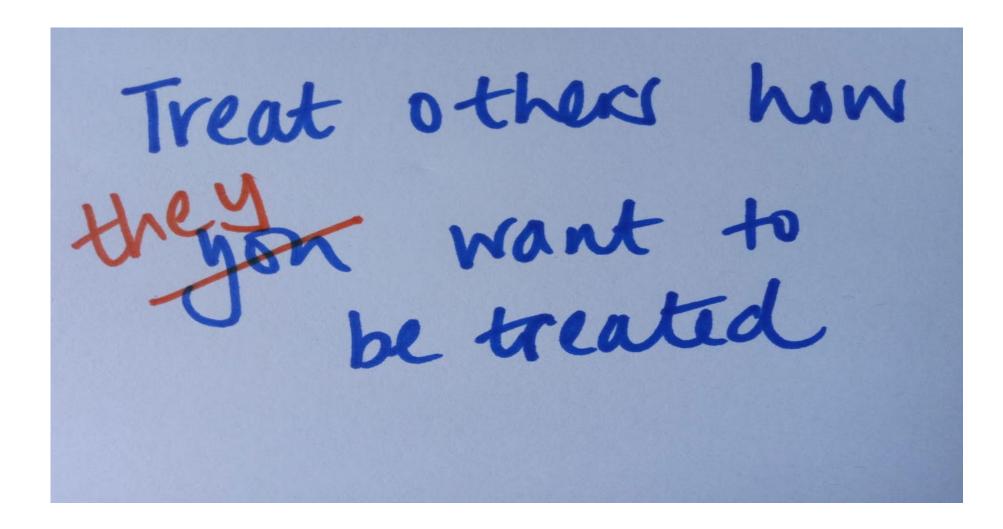
So, on a 1 to 9 on rubberduck scale, how are things today?

What is your range at work?





Kindness — Platinum Rule



Kindness — Empathy



Rather than walking in your shoes, I need to learn how to listen to the story you tell about what it's like in your shoes and

Believe you even when it doesn't match my experiences.'

Brené Brown

Psychological safety

Google's Project Aristotle

2 years, 180 teams & 37,000 employees

Impact

 Team members can see and feel that their work matters & leads to change

Meaning

• Work is personally important to team members

Structure & Clarity

• Team members have clear roles, and their work has clear aims, measures and plans

Dependability

• Team members deliver high quality work

Psychological Safety

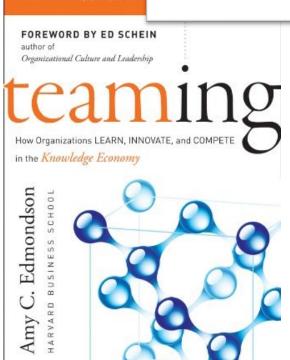
 Team members feel safe to take risks and to be vulnerable in front of each other



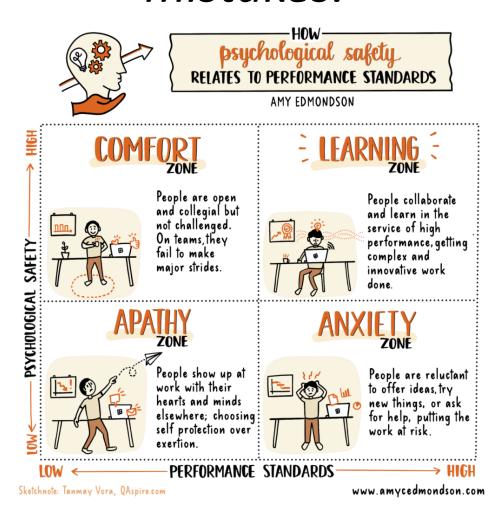
Creating Psychological Safety in the Workplace for Learning, Innovation, and Growth

Packed with insight, drawn from cutting t 21st century leaders seeking to build DAVID GERGEN, Professor of Public Se enior Political Analyst, CNN: adviser to Amy C. Edmondson

WILEY



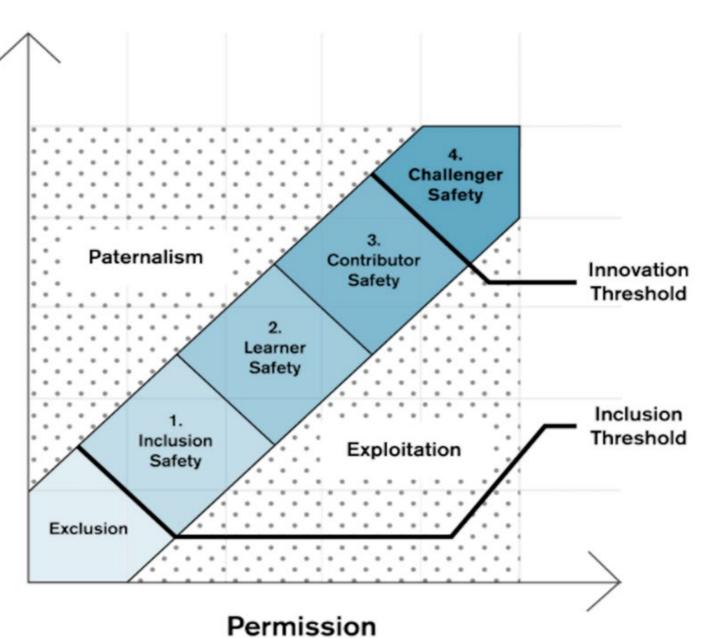
'Belief that you won't be punished or humiliated for speaking up with ideas, questions, concerns or mistakes.'



The 4 Stages of Psychological Safety

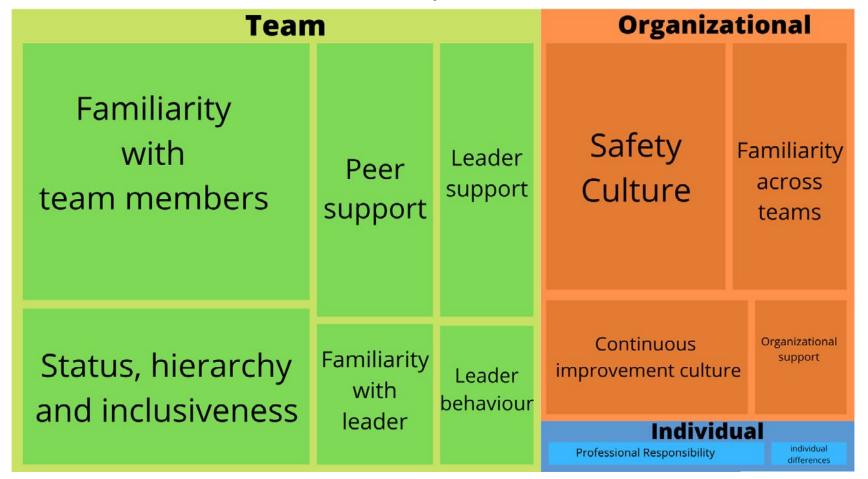
Dr Timothy Clarke

Respect



Enablers of Psychological safety

Purdy et al 2022





THE LENCIONI MODEL

Patrick Lencioni

Results

Accountability

Commitment

Conflict

Trust

Inattention to Results

Avoidance of Accountability

Lack of Commitment

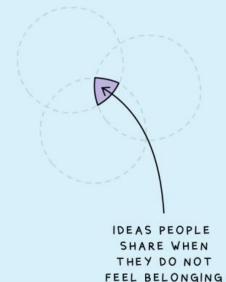
Fear of Conflict

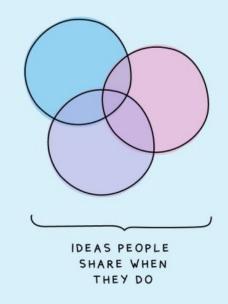
Absence of Trust

© Lencioni Model

COHESIVE TEAM

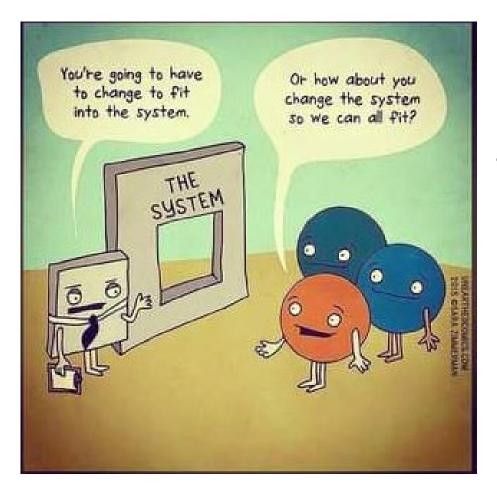
DYSFUNCTIONAL TEAM





Diversity is having a seat at the table, inclusion is having a voice, and belonging is having that voice be heard.

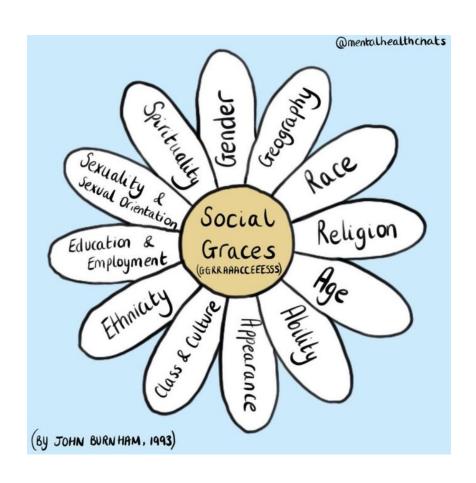
LIZ FOSSLIEN



Individual
Team
Structure
System

Equality Act (UK) & Burnham's Social GRRAACCEESS





What does inclusive leadership, look like?



To be more emphatic and to step up to the plate as allies, to be more engaging in substantive conversations and understand the problems

Investigate the root cause of the problem and act on it.

Discuss with me how we can improve together

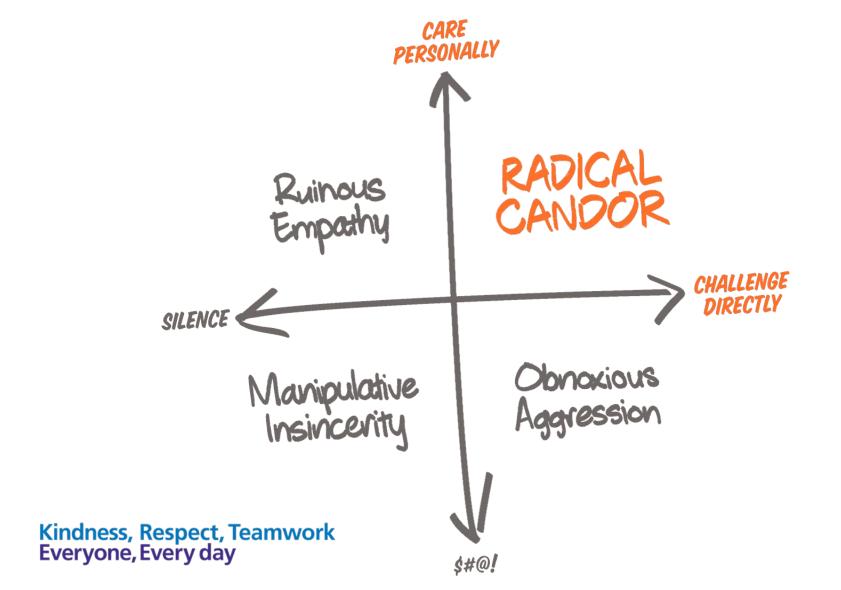
It's about being self-aware, open, honest and having a willingness to make changes.

They must make us feel safe first otherwise, we will never share our experiences.

If it's done well, you know that person is not taking any credit for it.

Radical Candor







Kim Scott
The founder of
Candour Inc.



Start with self – Innervism

Lean into 'wince moments'

What is your theme tune?

Kindness, Respect Bewarde in conversations
Everyone, Every day