# Reflecting on biases

# Which biases do you witness? Which do you have?

Source: Marcus L. (2020). 50 Cognitive Biases in the Modern World. Visual Capitalist.

#### **Authority bias**

The tendency to attribute greater accuracy to the opinion of an authority figure and be more influenced by that opinion.

# **Bandwagon effect**

The tendency to do (or believe) things **because** many other people do (or believe) the same.

#### **Confirmation bias**

The tendency to search for, interpret, focus on and remember information in a way that confirms one's preconceptions.

## **Empathy gap**

The tendency to underestimate the influence or strength of feelings, in either oneself or others.

# **Focusing effect**

The tendency to place too much emphasis on one aspect of an event.

## Illusory correlation

Inaccurately perceiving a relationship between two unrelated events.

#### Mere exposure effect

The tendency to express undue liking for things merely because of familiarity with them.

#### **IKEA** effect

Place a disproportionately high value on objects that are partially assembled - regardless of end quality.

#### Social comparison bias

The tendency, when making decisions, to favour people who don't compete with one's own particular strengths.

Write or type in the template below.

Which biases do I witness?	
Which biases do I have?	
How will I recognise or challenge them?	