NHS Confederation

How healthcare systems can alleviate the impact of child poverty



Enable access to nutritious food

Through close working at place and neighbourhood level, work with local food banks and family hubs where parents can seek support, including cooking classes.

Combat social isolation and engage well with families



Empower local communities to engage with support in a way that works for them, such as co-locating NHS and social care services in community centres and other community assets.

Support behavioural and emotional challenges

Work at place level with schools and children's social care to signpost to mental health services and open-access mental health hubs, as well as other youth services and VCSE support.

Ensure good housing conditions

Work with local housing providers via the integrated care partnership to ensure the quality of housing in local areas impacts health positively.





Improve employment prospects

Engage with local schools and colleges to promote careers in the NHS and widen access pathways to roles, including apprenticeships.

